

BESTSELLING AUTHOR DANIELLE MACKINNON

# ANIMAL LESSONS

## *praise*

"Danielle takes us so far beyond just loving the animals in our lives. Within Animal Lessons, she has delivered a clear, concise set of instructions on how to interpret an animal's message, and then use it to embrace the spirit of change, contentment, and fulfillment. A total life changer!" - Jennifer Vaughn, TV News Anchor, and author of Throw Away Girls, Legacy Girls, and Echo Valley.

"It is rare to find a book that opens your heart wide and deep, and at the same time, reminds you of truths that you have known but somehow have forgotten. With excellent advice, powerful exercises and wonderful stories from her life, Danielle MacKinnon's book is a page turner that creates a wonderful awareness of the profound messages from your animal companions that can transform your life. Highly recommended!" - Denise Linn, bestselling author of Sacred Space.

"The first time I saw Danielle MacKinnon teach at Omega, I was blown away by her gifts. I had never seen anyone tap into the thoughts of animals in such a clear way. Her readings brought deep healing to the participants who were sharing their stories.

Animal Lessons offers a beautiful blend of inspiring stories, practical tips, and real-life tools. In this book, Danielle helps readers discover themselves more deeply through their relationships with their animals. You will uncover the lesson your animal is here to teach you, the behaviors they use to get your attention, the emotions they help you unearth, and the ways you can address the negative beliefs that have been getting in the way of living your fullest life.

In many ways the lessons of this book are quite similar to teachings I have seen from some of our best relationship therapists. This book reminds us of the spiritual connection in our relationships, and that all relationships (both human and with our animals) have the opportunity to help us heal and grow. One of my favorite concepts in the book is the idea of curiosity. Enter into a relationship with a curious nature, rather than defended. In that one simple gesture, you have the opportunity to shift your life completely." - Carol Donahoe, Program Director at Omega Institute.

"Danielle MacKinnon's message is simple: the animal in your life has something incredible to teach you about being the best person you can be and her brilliant, thought-provoking book shows you, step-by-step, how to master that lesson. Animal Lessons is more than a unique exploration of the unconditional love animals hold for all of humanity, it's also a powerful guidebook for harnessing and growing from that great love." - John Holland, Spiritual Medium, Author, Teacher.

"Animal Lessons perfectly describes what, as a dog trainer, I strive to teach my clients every day: animal behavior problems can often be solved by looking within rather than at the dog. This well-written book is now part of my training curriculum as it gives people a deeply needed perspective on what connection with their dog really looks like." - Kathleen O'Connell James, Dog Trainer and Owner, atlantik9.com.

"We have long known that animals teach us about unconditional love. But clearly they teach us much more, and Danielle MacKinnon, in her intriguing and brilliant new book, Animal Lessons, demonstrates our deep intuitive links and how our animals can help us to remove the blocks and obstacles to inner peace, joy, and happiness." - Brian L. Weiss, MD, author of Many Lives, Many Masters.

"Animal Lessons is Danielle MacKinnon's most important work yet. This fascinating step-by-step guide shows you how to appreciate the animals in your life as the loving change agents they are. I learned all the ways that each of my many animals are helping me to heal and grow. It's a must read for anyone who treasures their connection to a four-legged being." - Barbara Carrellas, author of Ecstasy is Necessary.



DANIELLE  
MACKINNON

## *contact*

Publicity Department  
Email: [press@daniellemackinnon.com](mailto:press@daniellemackinnon.com)  
Tel: (866) 883-2280